

Set to take place this weekend, the tenth Formentera All Round Trail has contestants are gearing up for three races: the 72km "Fart", the 42km "Half Fart" run Saturday and the 21km "Tros de Fart" on Sunday. The events are presented by Consell de Formentera, Grup Esportiu Espalmador, Penya Esportiva Són Marçal and Elitechip, and will draw nearly 350 athletes.

On Saturday 15 May, participants in the Fart will set out from La Savina harbour and circle the entire island before finishing where they began. Runners in the Half Fart will leave Platja des Arenals and do half of the same route. Exceptionally, the 2021 Tros de Fart will be held a day later, on Sunday 16 May, with participants starting in Es Caló and finishing at Port de la Savina. All three races begin at 9.00am. Remember: the Formentera All Round Trail can also be done in relay pairs.

## Respect for the environment

The Consell reminds participants that running in the environmentally-friendly event means following certain rules, since part of Fart takes place in protected areas. In such areas, (which organisers say will be duly marked with signage) noise-makers and shouting is prohibitted and runners are to stay on the established path and use only rubber-tipped running sticks.

Runners must also refrain from littering, including containers and wrappers. Gels and energy bars must be marked with individual bib numbers, and runners who leave discarded items along the route face penalisation. There will be five refreshment stations on the Fart trail, three on the Half trail and one on the Tros de Fart.

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Communications Department
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