



This Thursday 28 January, for the latest instalment in ‘Xerrades per a famílies’ (Talks for families), psychologist Jordi Bernabeu Farrús will give a lecture titled ‘Too many screens’.

Hosted by the Formentera Social Welfare Department and broadcast on the Consell de Formentera’s Facebook page from 5.00pm, the talk will address the impact of digital technologies on children and adolescents. “We’ll be giving tips and guidelines on how to curb problematic uses of technology”, says the specialist in addictive behaviour.

**25 January 2021**  
**Communications Department**  
**Consell de Formentera**